



"AGE FIT"
FIH Youth Challenge, 14-15 May 2011

Country:	BARBADOS
Contact Person:	Roger Broomes
Role in NA:	Vice President/Chairman Youth and Development Committee
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Event details		
<u>When</u>		
May 14 and 15, 2011		
<u>Where</u> (location & surface)		
Hockey Centre Astro Turf		
<u>Target group</u> (for whom)		
Children age 3 to 19		
<u>Number of participants:</u>	<u>Number of spectators:</u>	<u>Number of Volunteers:</u>
50	25	6
<u>Programme</u> (in bullet points please):		
<ul style="list-style-type: none">• Registration and outline of the Age Fit programme• Warm- up• Basic Skills age appropriate• Mini Games age appropriate• Cool-down activities• Debriefing and reflection on the program		
<u>Aim of the event:</u>		
A social activity to encourage participation amongst children of varying ages, skill levels and backgrounds to enjoy the family sport hockey.		
<u>Result of the event:</u>		
A tremendous success with the children totally enjoying themselves both on and off the field of play. The children had the opportunity to meet new friends as well as engage in the wholesome sport of hockey. Our theme for the day was HOCKEY, HOCKEY, HERE I COME! HOCKEY, HOCKEY, FIT FOR THE YOUNG! The children used this occasion to HIT IT! FLICK IT! PUSH IT! SWEEP IT! and most of all to have fun.		
<u>Follow up:</u>		
It was decided that this event will be held on the last Saturday of each month and a Youth League will be organised.		
<u>Organized by</u> (by whom)		
Development Committee of the Barbados Hockey Federation		
<u>TV and Media Coverage:</u>		



Newspaper article and the Barbados Hockey Federation website

Name and Signature : ROGER BROOMES

R.Broomes

Please send your report plus 3-5 quality pictures straight after the event to gabrielle.van.doorn@fih.ch and tbrullo@lycos.com with a copy to your CDO. If you want to compete for one of the stick packages also include your favorite AGE FIT programme or drills